

FERTILION M**(Lycopene, Coenzyme Q 10, Multivitamins, Mineral, Amino acids with Korean ginseng Capsules)**

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.
- You must talk to a doctor if you do not feel better or if you feel worse.

What is in this leaflet?

- a. What Fertilion M is and what it is used for
- b. What you need to know before you take Fertilion M
- c. How to take Fertilion M
- d. Possible side effects
- e. How to store Fertilion M
- f. Further information

a) What Fertilion M is and what it is used for

A combination of Lycopene, Coenzyme Q 10, Amino acids with Korean ginseng ,Essential Multivitamins and Multi- Minerals.

The content in Fertilion-M, Lycopene improves sperm power to swim and it's concentration, L-Carnitine plays a crucial role in the formation of sperm, Glutathione also shows positive effect on sperm formation and morphology, improve testosterone production, Fertilion-M capsules contain ginseng are used which works by enhancing mental and physical performance, and through the combined action with vitamins and minerals on the basic metabolic processes.

b) What you need to know before you take Fertilion M Capsules

Before taking this combination, tell your doctor or pharmacist if you are:

Do not take Fertilion M Capsules:

- To discuss with your doctor if you have or have ever had blood clotting/bleeding disorders, kidney problems, liver problems, high blood fats & recent or planned surgery
- To avoid taking Immunosuppressive drugs along with Fertilion M capsules intake.
- Avoid, If you are Hypersensitive to this medicine (FERTILION-M)
- Be sure to follow the instructions from your physician about exactly when and how to take these medications.
- Taking vitamins and mineral supplements in large doses may cause undesirable health condition and toxicity including women who are pregnant or breastfeeding, people who consume alcohol, drug users and the elderly.
- Some multivitamins, minerals and ginseng may affect other medical conditions or treatments. Discuss with your physician before to taking this medicine if you have any health problems or conditions, or if you take other medications.

Take special care with Fertilion-M**Taking using other medicines**

Please tell your doctor, health care provider or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription

Taking Using Fertilion -M with food and drink

Pregnancy and breast-feeding

Ask your doctor, health care provider or pharmacist for advice before taking any medicine

Driving and using Machines

No studies on the effects on the ability to drive and use machines have been performed. An effect on the ability to drive and operate machines is unknown

c) How to take Fertilion M

Always take Fertilion M exactly as your doctor or health care provider has told you
You should check with your doctor, health care provider or pharmacist if you are not sure.
Capsules for oral administration only,

If you take more Fertilion M than you should

Overdose of Fertilion M leads to Gastrointestinal Distress may come along with headache, nausea, Stomach ache and diarrhoea.

If you forget to take Fertilion M

Do not take a double dose to make up for a forgotten the dose

If you stop taking Fertilion M

If you have any further questions on the use of this product, ask your <doctor, health care provider or pharmacist.

Dosage: One capsules twice a day, always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has prescribed.

Check with your doctor or pharmacist if you are not sure.

d) Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. Undesirable effects are more likely with higher doses and longer duration of treatment. The possible side effects are nausea, vomiting, flushing, unpleasant taste; stomach pains and diarrhoea are less likely to happen if you take the capsules with food, GI Complaints and Nervousness.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor

e) How to store Fertilion M

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the packs after EXP. The expiry date refers to the last day of that month.

Store in a cool, dry place below 30°C. Protect from direct sunlight.

Store in the original container

f) Further information

What Fertilion M capsules contains

List of Active Ingredients

Lycopene 10mg Co-Enzyme Q10 50mg, L-Glutathione 50mg, Vitamin E 12.5mg, Vitamin C 75mg, L-Carnitine 50mg, Korean Ginseng Extract 10mg, Zinc(as Zinc sulphate Monohydate) 7.5mg, Folic Acid 1.5mg, Iron(as Ferrous fumarate) 5mg, Vitamin B6 5mg, Manganese(as Manganese sulphate Monohydate) 2mg, Selenium (as selenious Acid) 100mcg, Vitamin D3 12.5mcg, Vitamin B1 (Thiamine Nitrate) 5mg, Methylcobalamin 750mcg & Retinol(as Vitamin A Palmitate) 375mcg.

List of Inactive Ingredients

Light Magnesium Oxide, Butylated Hydroxy, Butylated Hydroxy toluene, Hydrogenated Vegetable oil, Soya lecithin, Soya bean oil, Gelatin, Glycerol Liquid Sorbitol (Non-Crystallizing), Methyl Hydroxy Benzoate, Fumaric Acid, Red oxide of iron, Black oxide of iron & Purified Water.

Product Description:

Brown coloured oblong shaped opaque soft gelatine capsules containing yellowish brown coloured oily mass.

Packing Specification:

Fertilion M capsules are packed on 2x15's Blister Pack in a carton along with pack insert.

Manufacturing site addresses

SOFTGEL HEALTHCARE PVT LIMITED

Survey no. 20/1, Vandalur- Kelambakkam road,
Pudupakkam village, Kancheepuram district- 603 103,
Tamilnadu. India

Marketing Authorisation holder

GALAXY PHARMACEUTICALS

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