# PACKAGE LEAFLET: INFORMATION FOR THE USER PHLEBODIA® 600 mg, Film-coated tablets

# Please read this leaflet carefully before taking this drug. It contains important information for you.

If you have any questions or doubts, ask for more information to your doctor or pharmacist.

- Keep this leaflet, you may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve.
- If you notice any side effects not listed in this leaflet or if any of the side effects gets serious, please tell your doctor or pharmacist.

### In this leaflet:

- 1. What PHLEBODIA® 600 mg, Film-coated tablets is and what it is used for ?
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# 1. WHAT PHLEBODIA $^{\rm @}$ 600 mg, FILM-COATED TABLETS IS AND WHAT IT IS USED FOR ?

## VASCULOPROTECTIVE / DRUG ACTING ON CAPILLARIES

(C05CA03: cardiovascular system).

This drug is a venotonic (it increases the tonus of venous walls) and a vasculoprotective (it increases the resistance of the small blood vessels).

It is preconised in:

- Venous circulation troubles (heavy legs, pain, restlessness when lying down).
- Treatment of functional signs related to acute haemorrhoids.

# 2. BEFORE YOU USE PHLEBODIA® 600 mg, FILM-COATED TABLETS

## Do not use PHLEBODIA® 600 mg, film-coated tablets

- This drug is generally not recommended during lactation.

## Take special care with PHLEBODIA® 600 mg, film-coated tablets

- If troubles and fragility of blood vessels do not decrease within 15 days, consult your doctor.
- If haemorrhoidal symptoms persist after some days of treatment, it is necessary to consult your doctor.

#### **Precautions for use**

- This drug has the maximal efficiency when associated to healthy habits.
- Avoid sun, warmth, prolonged standing, excess of weight. Walking and wearing appropriated sockings improve the blood circulation.
- This medicinal product contains an azoic agent, the cochineal red A (E 124), and could induce allergic reactions.

#### Taking other medicines

In order to avoid drug interactions between several drugs indicate systematically all current treatment to your doctor or your pharmacist.

# Taking PHLEBODIA® 600 mg, film-coated tablets with food and drink Not applicable.

# Taking PHLEBODIA $^{\otimes}$ 600 mg, film-coated tablets with products of herbal medicine or alternative therapies

Not applicable

## Pregnancy and breast-feeding

### **Pregnancy:**

This drug will be used during pregnancy only if necessary, according to your doctor's advice. If you discover that you are pregnant during the treatment ask your doctor because he can judge if it is necessary to go on with this treatment.

#### Lactation:

In the absence of data concerning passage into breast milk, the treatment is not recommended during lactation.

Ask your doctor or pharmacist for advice before taking any medicine.

## Sportmen or women

Not applicable

## **Driving and using machines**

Not applicable.

Important information about some of the ingredients of Phlebodia<sup>®</sup> 600 mg, film-coated tablets List of excipients which have to be well known to ensure the risk-free use of this drug: cochineal Red A (E124).

# 3. HOW TO USE PHLEBODIA® 600 mg, FILM-COATED TABLETS?

#### Dosage

- Venous circulation troubles: 1 tablet per day, in the morning before breakfast.
- Acute haemorrhoids: 2 to 3 tablets per day, to be taken during meals.

IN ALL CASES, RESPECT YOUR DOCTOR'S PRESCRIPTION.

### Way of use and route of administration

Oral administration.

Swallow the tablet with a glass of water.

## Frequency and time when the drug must be taken

IN ALL CASES, RESPECT STRICTLY YOUR DOCTOR'S PRESCRIPTION.

### **Duration of treatment**

IN ALL CASES, RESPECT STRICTLY YOUR DOCTOR'S PRESCRIPTION

# If you take more Phlebodia® 600 mg, film-coated tablets than you should Not applicable.

# If you forget to take Phlebodia® 600 mg, film-coated tablets

Do not take a double dose to make up for a forgotten tablet.

# If you stop taking Phlebodia $^{\otimes}$ 600 mg, film-coated-tablets

Not applicable

### 4. POSSIBLE SIDE EFFECTS?

Like all medicines, Phlebodia<sup>®</sup> 600 mg film-coated tablet can cause side effects, although not everybody gets them: possibility of minor digestive troubles leading rarely to stop the treatment.

If you notice any side effects not listed in this leaflet or if any of the side effects gets serious, please tell your doctor or pharmacist.

# 5. HOW TO STORE PHLEBODIA® 600 mg, FILM-COATED TABLETS?

Keep out of the reach and sight of children.

Do not use Phlebodia<sup>®</sup> 600 mg film-coated tablet after the expiry date which is stated on the label. Do not store above 30°C.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

#### 6. FUTHER INFORMATION

### What Phlebodia® 600 mg, film-coated tablets contains?

The active substance is:

The other ingredients are:

Talc, hydrophobic anhydrous colloidal silica, micronized stearic acid, microcrystalline cellulose.

Coating: hypromellose, microcrystalline cellulose, macrogol 8 stearate, propylene glycol, titanium dioxide, Cochineal red A - aluminium lake, black iron oxide, red iron oxide, carnauba wax, beeswax, shellac, ethanol 95 %.

## What Phlebodia® 600 mg, film-coated tablets looks like and contents of the pack?

The pharmaceutical form is film coated-tablet.

The immediate packaging consists of a blister pack containing 15 and 30 coated tablets.

## **Marketing Authorisation Holder**

Laboratoires INNOTHERA 22 Avenue Aristide Briand 94110 ARCUEIL FRANCE

# **Distributor**

Laboratoire INNOTECH INTERNATIONAL 22 Avenue Aristide Briand 94110 ARCUEIL FRANCE

## Manufacturer

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# This leaflet was last approved on:

January 16, 2018