

Pregnancy and breast-feeding

Tell your doctor if you are or may be pregnant. Ask your doctor for advice before taking any medicine during pregnancy. There is a very small risk of abnormalities in the unborn child if this product is used during pregnancy. If you are breast-feeding, do not apply the product to your chest area.

Hycorum Cream contains chlorocresol and cetostearyl alcohol chlorocresol - may cause allergic reactions

Cetomacrogol emulsifying wax - which contains cetostearyl alcohol - may cause local skin reactions (e.g. contact dermatitis).

3. How to use Hycorum® Cream

FOR EXTERNAL USE ONLY

Always use this medicine exactly as instructed in this leaflet. Check with your doctor or pharmacist if you are not sure.

Do not exceed the stated dose.

Not for use by children under 1 years of age without medical advice.

For application to the **surface of the skin** only:

1. Wash your hands thoroughly before use.
2. Apply the cream sparingly to the affected area, once or twice a day for a **maximum of 7 days**. Massage the cream gently into the affected area to help absorption into the skin.
3. Once applied, **do not cover** the area with a dressing or plaster.

If the condition has not improved after 7 days, or worsens, consult your doctor.

If you use more **Hycorum® Cream** than you should

If you or a child accidentally swallow the cream, contact your doctor or nearest hospital immediately. Take the packet with you to help identification.

If you forget to use Hycorum® Cream

If you miss a treatment, apply the cream as soon as you remember, and apply the remaining doses for that day at evenly spaced intervals.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, **Hycorum® Cream** can cause side effects, although not everybody gets them.

You may notice the following:

- ⊗ rash, itchy skin, swelling of the lips, eyes, tongue, or difficulty in breathing may be signs of an allergic reaction. Stop using **Hycorum Cream** immediately.
- ⊗ stretch marks may appear, especially in skin folds such as the groin or armpits.
- ⊗ Steroid withdrawal reaction: If used continuously for prolonged periods a withdrawal reaction may occur on stopping treatment with some or all of the following features: redness of the skin which can extend beyond the initial area treated, a burning or stinging sensation, intense itching, peeling of the skin, oozing open sores.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Hycorum® Cream

Keep out of the sight and reach of children. Do not store below 30°C. Store in the original package and keep the tube in the outer carton. Do not use **Hycorum® Cream** after the expiry date which is stated on the tube/carton. Medicines should not be disposed of via wastewater or household waste.

Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Contents of the pack and other information What Hycorum® Cream contains:

⊗ The active substance is Hydrocortisone and the cream contains 10 mg in e v e r y 1 g (1%).

⊗ The other ingredients are Cetomacrogol 1000, chlorocresol, liquid paraffin, Cetostearyl Alcohol, white soft paraffin, Sodium dihydrogen phosphate and purified water (see end of Section 2 for further information).

What Hycorum® Cream looks like and contents of the pack

The product is a white semi-solid, non-gritty cream, and is available in aluminium tubes containing 15 g.

SUPPLIER AND MANUFACTURER MANUFACTURED BY:



Laboratory & Allied Ltd.

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PACKAGE LEAFLET: INFORMATION FOR THE USER

HYCORUM® CREAM

HYCORUM 1% W/W CREAM

Read all of this leaflet carefully before you start taking this medicine.

- ⊗ Keep this leaflet. You may need to read it again.
- ⊗ If you have any further questions, ask your doctor or pharmacist.
- ⊗ This medicine has been prescribed for you or your child. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- ⊗ If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

What is in this leaflet:

1. What **Hycorum® Cream** is and what it is used for
2. Before you use **Hycorum® Cream**
3. How to use **Hycorum® Cream**
4. Possible side effects
5. How to store **Hycorum® Cream**
6. Contents of the pack and other information

1. What Hycorum® Cream is and what it is used for

Hycorum® Cream is a white semi-solid, non-gritty cream, for application to the skin only. It contains Hydrocortisone which belongs to a group of medicines called corticosteroids. **Hycorum® Cream** is used to reduce inflammation in a variety of inflammatory skin conditions, such as:

- ⊗ mild to moderate eczema
- ⊗ dermatitis caused by irritants or allergens
- ⊗ Insect bite reactions

Hycorum® should not be confused with anabolic steroids, used by some body builders and taken as tablets or injections.

2. Before you use Hycorum® Cream

Do not use **Hycorum® Cream**:

- ⊗ if you are allergic to Hydrocortisone or any of the other ingredients of this medicine (listed in section 6).

- ⊗ if you have a bacterial infection (e.g. impetigo), viral infection (e.g. cold sores 'herpes simplex', chicken pox) or fungal infection (e.g. tinea, also called 'athlete's foot', ringworm or thrush) of the skin.
- ⊗ on your face or near your eyes, on the anal or genital region, or on broken skin.

Take special care with **Hycorum® Cream**

Hycorum® Cream is not suitable for use in the following:

- ⊗ allergic skin reactions including temporary red or raised areas on your skin (short lived 'wheal and flare' reactions)
- ⊗ conditions involving the deeper skin layers, such as granulomas
- ⊗ psoriasis (long term scaly skin condition); only use this product on medical advice and with careful supervision by your doctor.

Do not cover the area with a plaster or dressing of any kind after application of **Hycorum® Cream**.

Take great care to apply the cream sparingly to the skin of infants or children, especially in the nappy area which can be covered for long periods. Covering the treated area can increase absorption. Treatment for infants must not exceed 7 days.

Do not apply the product to your face for long periods of time.

If your condition worsens during use consult a pharmacist or doctor – you may be experiencing an allergic reaction, have an infection or your condition requires a different treatment.

If you experience a recurrence of your condition shortly after stopping treatment, within 2 weeks, do not restart using the cream/ointment without consulting a pharmacist or doctor. If your condition has resolved and on recurrence the redness extends beyond the initial treatment area and you experience a burning sensation please seek medical advice before restarting treatment.

Other medicines and Hycorum® Cream

Please tell your doctor if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.