

usually used for two weeks. However, sometimes you may need longer treatment. You must see your doctor if you are not better after three days of treatment or if the symptoms return soon after finishing a course of treatment.

If you menstruate while using Labstatin® tablets do not stop using it.

Having a period will not affect how Labstatin® tablets work.

If you forget to use it

If it is almost time for your next dose, skip the dose you missed and use your next dose when you are meant to. Otherwise, insert it as soon as you remember, and then go back to use it as you would normally.

Do not take a double dose to make up for the dose that you missed.

If you are unsure about whether to take your next dose, speak to your doctor or pharmacist.

If you have trouble remembering when to take your medicine, ask your pharmacist for some hints.

If you use too much (overdose) immediately telephone your doctor

POSSIBLE SIDE EFFECTS:

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using Labstatin® tablets.

Labstatin® tablets helps most people with thrush but it may have unwanted side effects in some people.

All medicines may have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the side effects.

Ask your doctor or pharmacist to answer any questions you may have.

Tell your doctor if you notice any of the following and they worry you:

⊗ Vaginal Irritation

Other side effects not listed above may occur in some patients. Tell your doctor if you notice anything else that is making you feel unwell when you are using, or soon after you have finished using Labstatin® tablets.

Ask your doctor or pharmacist if you don't understand anything in this list.

After using Labstatin® tablets

Cleaning the applicator

After each use wash the applicator.

The Labstatin® tablets applicator may be taken apart for easier cleaning. Hold the barrel in one hand. Pull firmly on the plunger until it comes out of the barrel. Wash the applicator with mild soap and warm

Rinse thoroughly. Do not boil. The applicator does not have to be sterile.

To reassemble the applicator, push the plunger into the cylinder.

Storage

Keep your pessaries in their packaging until it is time to take them.

If you take the pessaries out of their packaging they may not work well, keep well.

Keep Labstatin® tablets in a dry place where the temperature stays below 30°C. Do not store it, or any other medicines, in a bathroom or near a sink. Do not leave it in the car or on window sills.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Disposal

If your doctor tells you to stop using Labstatin® tablets or pessaries have passed their expiry date, ask your pharmacist what to do with any pessaries left over.

All of these symptoms usually go away when treatment with Labstatin® tablets is stopped.

Reporting of side effects: If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

HOW TO STORE LABSTATIN® TABLETS: Store in a dry place below 30°C. Protect from light.

Keep all medicines out of reach of children. Labstatin® tablets should be inserted into the vagina.

FURTHER INFORMATION

What Labstatin® tablets contains

Composition: Each tablet contains:

⊗ Nystatin BP 100,000 I.U

⊗ Excipients q.s.

The other ingredients are:

Dummy Lactose Granules, Sodium Starch Glycolate, Sodium bicarbonate, Purified talc and Magnesium stearate

WHAT LABSTATIN® TABLETS LOOKS LIKE AND CONTENTS OF THE PACK.

Pale yellow, biconvex, capsule shaped tablets plain on both sides. Packed in 15's with applicator, contained in a unit box with literature insert

SUPPLIER AND MANUFACTURER MANUFACTURED BY:



Laboratory & Allied Ltd.

Plot No. 209/10349, Mombasa Road,

P.O. Box 42875, Nairobi, Kenya

PACKAGE LEAFLET: INFORMATION FOR THE USER

Labstatin® Tablets

Nystatin 100000 I.U Tablets

Read all of this leaflet carefully before you start taking this medicine.

- ⊗ Keep this leaflet. You may need to read it again.
- ⊗ If you have any further questions, ask your doctor or pharmacist.
- ⊗ This medicine has been prescribed for you or your child. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- ⊗ If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What Labstatin® Tablets is and what it is used for
2. What you need to know before you take Labstatin® Tablets
3. How to take or give Labstatin® Tablets
4. Possible side effects
5. How to store Labstatin® Tablet
6. Further information

WHAT LABSTATIN® TABLETS IS AND WHAT IT IS USED FOR

Labstatin® Tablets contains nystatin which belongs to a group of medicines called antifungal antibiotics. It works by killing the Candida fungus in your vagina. Nystatin only works inside your vagina. It is not absorbed into the bloodstream and therefore is not effective for treating any other infections in your body.

Labstatin® tablet is not addictive

BEFORE YOU TAKE OR GIVE LABSTATIN® TABLETS TO YOUR CHILD

Do not use Labstatin® tablets:

If you are allergic to nystatin or of the ingredients listed at the end of this leaflet.

If the packaging is torn or shows signs of tampering.

After the expiry date (EXP) printed on the pack.

If you take it after the expiry date has passed, it may not work as well.

Do not give this medicine to children unless advised by the child's doctor.

Before you start to use it

You must tell your doctor or pharmacist

If you have any allergies to:

Any other medicines

Any other substances, such as foods, preservatives or dyes

If you are pregnant or plan to become pregnant

Ask your doctor how to Use Labstatin® tablets

It is unlikely that Nystatin will harm your developing baby.

If you are breast-feeding or plan to breast-feed.

It is unlikely that Nystatin will pass into breast milk in sufficient amounts to affect your baby. However, it is recommended that you talk to your doctor about the risks and benefits of taking Labstatin® when breast-feeding.

If you have diabetes

If you have not told your doctor about any of the above, tell them before you use any LABSTATIN®.

Taking other medicines

Tell your doctor if you are taking any other medicines, including medicines that you buy without a prescription from a pharmacy, supermarket or health food shop.

Nystatin is not known to interact with other medicines but your doctor still needs to know what other medicines you are taking.

HOW TO USE LABSTATIN® TABLETS

1 or 2 pessaries should be inserted high into the vagina for 14 consecutive nights or longer, regardless of any intervening menstrual period

Children

Not recommended

How to use Labstatin® applicator

- ⊗ Pull back the applicator plunger about 2.5 centimeters (1 inch). Insert the tablet into the cup at the end of the hollow tube (applicator)
- ⊗ Lie on your back with your knees drawn up. Insert the applicator into your vagina as far as it will comfortably go. Do not try to force it to go further
- ⊗ BE SURE the applicator is in the correct position in your vagina BEFORE you insert the plunger
- ⊗ Then, push the plunger to place the tablet in your vagina
- ⊗ Remove the applicator. Wash with mild soap and warm water. Rinse thoroughly and dry

If you are pregnant you must not use the applicator provided with Labstatin® tablets

When to use it

Labstatin® tablets are inserted once or twice a day.

How long to use it

Do not use Labstatin® tablets for longer than your doctor or pharmacist says.

You should start to feel more comfortable within 48 hours. Labstatin® tablets is