

## **PATIENT INFORMATION LEAFLET: INFORMATION FOR THE USER**

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### **NITROCONTIN™ 2.6/6.4**

#### **CONTINUS™ controlled release system**

(CONTROLLED RELEASE TABLETS OF NITROGLYCERIN)

#### **Read all of this leaflet carefully before you start taking this medicine.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, health care provider or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your health care provider or pharmacist.

#### **In this leaflet:**

1. What Nitrocontin™ 2.6/6.4 is and what it is used for?
2. What you need to know before you take Nitrocontin™ 2.6/6.4?
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#### **1. What Nitrocontin™ 2.6/6.4 is and what it is used for?**

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Nitrocontin™ 2.6/6.4 contains a medicine called Diluted Nitroglycerin. This belongs to a group of medicines called ‘nitrates’.

It is used to prevent chest pain (angina). Angina occurs when there is an inadequate supply of oxygen for the work the heart is performing. Nitrocontin™ Tablets will reduce the heart's work and will release the medicine slowly giving protection over several hours.

#### **2. What you need to know before you take Nitrocontin™ 2.6/6.4?**

- Are you pregnant or intending to become pregnant?
- Are you breastfeeding a baby?
- Are you taking Sildenafil for male erectile problems?
- If you use Sildenafil while using nitrate preparations, such as Nitroglycerin Tablets, a severe and possibly dangerous fall in blood pressure can occur. This would result in collapse, unconsciousness and could be fatal. You should not take Sildenafil while using Nitroglycerin Tablets.
- Are you taking any other form of heart medicine which contains glyceryl trinitrate?
- Are you taking any medicine for high blood pressure or Raynaud's Syndrome?
- Are you allergic to glyceryl trinitrate or any of the ingredients of Nitrocontin™ Tablets?
- Are you anaemic (suffering from low iron content in your blood)?
- Do you have the eye disease called glaucoma?
- Have you ever suffered from cerebral haemorrhage (bleeding in the brain) or a serious head injury?
- Have you ever been told that you have an intolerance to some sugars?

If the answer to any of these questions is 'YES', and your doctor is not aware - do not take Nitroglycerin Tablets - but tell your doctor or pharmacist.

### **3. How to take Nitrocontin™ 2.6/6.4?**

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Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Dosage should always be adjusted according to the requirement and response obtained by the individual patient and the severity of the angina pain.

**Adults:** One Nitrocontin™ Continus™ tablet 2.6 mg in morning and evening. The tablet should be taken empty stomach.

If the symptoms have not been adequately controlled after a week on this regimen, the dosage should be increased to one 6.4 mg tablet morning and evening.

**Children:** Not recommended

**Elderly:** Normal adult dose

The tablets should be swallowed whole and not chewed.

#### **If you take more Nitrocontin™ 2.6/6.4 than recommended**

You should tell your doctor if you have taken more Nitroglycerin Tablets than recommended. It is unlikely that you will notice any problems.

#### **If you forget to use Nitrocontin™ 2.6/6.4**

Take the prescribed amount at the next regular taking time.

Do not take a double dose to make up for a forgotten dose.

#### **If you stop taking Nitrocontin™ 2.6/6.4**

If you have any further questions on the use of this product, ask your doctor, health care provider or pharmacist.

### **4. Possible side effects?**

The tablets may cause side-effects such as:

- Fast heartbeat / awareness of your own heart beating rapidly.
- Dizziness or light-headedness, especially when getting up from a lying or sitting position.
- Headaches, especially at the beginning of the treatment.
- Flushing of the face.

If headaches continue or are severe, please consult your doctor who may decide to reduce the dosage or offer you a different medicine to take. The dizziness, fainting or light-headedness is more likely to occur if you drink alcohol, stand for long periods of time, exercise, or if the weather is hot. If you feel dizzy, sit or lie down.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet.

## **5. How to store Nitrocontin™ 2.6/6.4?**

Keep this medicine out of reach of children.

Store at or below 30°C, in a dry place, protected from light.

Do not use this medicine after the expiry date which is stated on the carton.

The expiry date refers to the last day of that month.

## **6. Further information**

### **What Nitrocontin™ 2.6/6.4 contains?**

- The active substance is Diluted Nitroglycerin USP
- The other excipients are Lactose monohydrate BP, Hydroxyethylcellulose BP, Cetostearyl Alcohol BP, Talc BP, Magnesium Stearate BP, Erythrosine Lake, Purified Water BP

### **What Nitrocontin™ 2.6/6.4 looks like and contents of the pack?**

Nitrocontin™ Continus™ tablets 2.6 mg or 6.4 mg are flat, bevelled, pink, controlled release tablets containing diluted Nitroglycerin USP equivalent to Nitroglycerin 2.6 mg and embossed “NC” on one side and with the symbol MM on the other or diluted Nitroglycerin USP equivalent to Nitroglycerin 6.4 mg and embossed “NC 6.4” on one side and MM on the other.

Nitrocontin™ 2.6/6.4 are packed in Polypropylene bottle of 25 tablets.

### **Manufactured by:**

Modi-Mundipharma Pvt. Ltd.

Modipuram – 250 110

U.P., India

TM: Trademark

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