# MODULE -1 ADMINISTRATIVE INFORMATION FOR OLIGOCARE TABLETS

#### 1.5.3 PATIENT INFORMATION LEAFLET

Read this entire leaflet carefully before you starts taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

### What is in this leaflet?

- 1 What is Oligocare Tablet and what is it used for
- 2 What you need to know before you take Oligocare Tablet
- 3 How to take Oligocare Tablet
- 4 Possible side effects
- **5 How to store Oligocare Tablet**
- 6 Contents of the pack and other information

## 1 WHAT IS OLIGOCARE TABLET AND WHAT IS IT USED FOR

OLIGOCARE TABLET IS USED FOR Increases sperm count

- Improves sperm motility
- Improves sperm morphology
- Reduces oxidative stress
- Corrects nutritional deficiency associated with male infertility

## 2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE OLIGOCARE TABLET

Oligocare Tab is contraindicated in patients with hypersensitivity to any of the ingredients used in the formulation of Oligocare.

### 3. HOW TO TAKE OLIGOCARE TABLET

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As directed by the Physician. Tablets for oral administration.

## If you take more Oligocare Tablet than you should

It is important not to take doses. If you have taken more than you should, contact your doctor, pharmacist or nearest hospital casualty department immediately.

## If you forget to take Oligocare Tablet

If you forget to take your syrup, take it as soon as you remember, unless it is nearly time for your next dose; do not take the dose you have missed. Do not take a double the dose to make up for a forgotten dose.

#### 4. POSSIBLE SIDE EFFECTS

Stomach upset, loss of appetite, nausea, vomiting, diarrhea, allergic skin rashes, lower blood pressure

## 5. HOW TO STORE OLIGOCARE TABLET

Protect from direct exposure to light. Store below 30°C, at a dry place Keep medicines out of reach of children.

#### 6. CONTENTS OF THE PACK AND OTHER INFORMATION

## **What Oligocare Tablet contains**

The active substance is Vitamin A (as Acetate) B.P., Vitamin E Acetate B.P., Vitamin C Thiamine Nitrate B.P., Pyridoxine Hydrochloride B.P., Folic Acid B.P., Methylcobalamin, L-Carnitine Tartrate, Ginseng Extract, L – Arginine U.S.P, Ferrous Fumarate B.P., Zinc Sulphate Monohydrate U.S.P., Copper Sulphate U.S.P., Manganese Sulphate U.S.P., Sodium Selenate, Lycopene, Coenzyme Q10 U.S.P and Glutathione B.P

### What Oligocare Tablet looks like and contents of the pack

Light chocolate brown coloured, capsule shaped, film coated tablets packed in a strip packing. Such 30 tablets in a pack along with an insert.