

PATIENT INFORMATION LEAFLET
RIVAROXABAN TABLETS 20 mg (VAROXA-20)



Read all of this leaflet carefully before you start taking this medicine

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your <doctor, health care provider><or><pharmacist>.

Prescription only medicine

In this leaflet:

- a) What VAROXA is and what it is used for
- b) Before you take VAROXA
- c) How to take VAROXA
- d) Possible side effects
- e) How to store VAROXA
- f) Further information

a. What Varoxa is and what it is used for

Varoxa contains the active substance rivaroxaban.

Varoxa is used in adults to:

- prevent blood clots in brain (stroke) and other blood vessels in your body if you have a form of irregular heart rhythm called non-valvular atrial fibrillation.
- treat blood clots in the veins of your legs (deep vein thrombosis) and in the blood vessels of your lungs (pulmonary embolism), and to prevent blood clots from re-occurring in the blood vessels of your legs and/or lungs.

Rivaroxaban tablets is used in children and adolescents below 18 years and with a body weight of 30 kg or more to:

- treat blood clots and prevent re-occurrence of blood clots in the veins or in the blood vessels of the lungs, following initial treatment of at least 5 days with injectable medicines used to treat blood clots.

Varoxa belongs to a group of medicines called antithrombotic agents. It works by blocking a blood clotting factor (factor Xa) and thus reducing the tendency of the blood to form clots.

b. Before you take Varoxa

Do not take Varoxa

- If you are allergic to rivaroxaban or any of the other ingredients of this medicine (listed in section 6)
- If you are bleeding excessively
- If you have a disease or condition in an organ of the body that increases the risk of serious bleeding (e.g. Stomach ulcer, injury or bleeding in the brain, recent surgery of the brain or eyes)
- If you are taking medicines to prevent blood clotting (e.g. Warfarin, dabigatran, apixaban or heparin), except when changing anticoagulant treatment or while getting heparin through a venous or arterial line to keep it open
- If you have a liver disease which leads to an increased risk of bleeding
- If you are pregnant or breast-feeding

Do not take Varoxa and tell your doctor if any of these apply to you.

Warnings and precautions

Talk to your doctor or pharmacist before taking Varoxa.

Take special care with Varoxa

- if you have an increased risk of bleeding, as could be the case in situations such as:
 - severe kidney disease for adults, and moderate or severe kidney disease for children and adolescents, since your kidney function may affect the amount of medicine that works in your body
 - if you are taking other medicines to prevent blood clotting (e.g. warfarin, dabigatran, apixaban or heparin), when changing anticoagulant treatment or while getting heparin through a venous or arterial line to keep it open (see section “Other medicines and Varoxa”)
 - bleeding disorders
 - very high blood pressure, not controlled by medical treatment
 - diseases of your stomach or bowel that might result in bleeding, e.g. inflammation of the bowels or stomach, or inflammation of the oesophagus (gullet), e.g. due to gastroesophageal reflux disease (disease where stomach acid goes upwards into the oesophagus) or tumours located in the stomach or bowels or genital tract or urinary tract
 - a problem with the blood vessels in the back of your eyes (retinopathy)
 - a lung disease where your bronchi are widened and filled with pus (bronchiectasis), or previous bleeding from your lung
- if you have a prosthetic heart valve
- if you know that you have a disease called antiphospholipid syndrome (a disorder of the immune system that causes an increased risk of blood clots), tell your doctor who will decide if the treatment may need to be changed.

- if your doctor determines that your blood pressure is unstable or another treatment or surgical procedure to remove the blood clot from your lungs is planned

If any of the above applies to you, tell your doctor before you take Varoxa. Your doctor will decide, if you should be treated with this medicine and if you should be kept under closer observation.

If you need to have an operation

- It is very important to take Varoxa before and after the operation exactly at the times you have been told by your doctor.
- If your operation involves a catheter or injection into your spinal column (e.g. For epidural or spinal anaesthesia or pain reduction):
 - It is very important to take Varoxa exactly at the times you have been told by your doctor
 - Tell your doctor immediately if you get numbness or weakness of your legs or problems with your bowel or bladder after the end of anaesthesia, because urgent care is necessary.

Children and adolescents

Varoxa tablets are **not recommended for children with a body weight below 30 kg**.

There is not enough information on the use of Varoxa in children and adolescents in the adult indications.

Other medicines and Varoxa

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription.

- If you are taking
 - some medicines for fungal infections (e.g. fluconazole, itraconazole, voriconazole, posaconazole), unless they are only applied to the skin
 - ketoconazole tablets (used to treat Cushing's syndrome - when the body produces an excess of cortisol)
 - some medicines for bacterial infections (e.g. clarithromycin, erythromycin)
 - some anti-viral medicines for HIV / AIDS (e.g. ritonavir)
 - other medicines to reduce blood clotting (e.g. enoxaparin, clopidogrel or vitamin K antagonists such as warfarin and acenocoumarol)
 - anti-inflammatory and pain relieving medicines (e.g. naproxen or acetylsalicylic acid)
 - dronedarone, a medicine to treat abnormal heart beat
 - some medicines to treat depression (selective serotonin reuptake inhibitors (SSRIs) or serotonin norepinephrine reuptake inhibitors (SNRIs))

If any of the above apply to you, tell your doctor before taking Varoxa, because the effect of Varoxa may be increased. Your doctor will decide, if you should be treated with this medicine and if you should be kept under closer observation.

If your doctor thinks that you are at increased risk of developing stomach or bowel ulcers, he may also use a preventative ulcer treatment.

- If you are taking
 - some medicines for treatment of epilepsy (phenytoin, carbamazepine, phenobarbital)
 - St John's Wort (*Hypericum perforatum*), a herbal product used for depression
 - rifampicin, an antibiotic

If any of the above apply to you, tell your doctor before taking Varoxa, because the effect of Varoxa may be reduced. Your doctor will decide, if you should be treated with Varoxa and if you should be kept under closer observation.

Pregnancy and breast-feeding

Do not take Varoxa if you are pregnant or breast-feeding. If there is a chance that you could become pregnant, use a reliable contraceptive while you are taking Varoxa. If you become pregnant while you are taking this medicine, tell your doctor immediately, who will decide how you should be treated.

Driving and using machines

Varoxa may cause dizziness (common side effect) or fainting (uncommon side effect) (see section 4, "Possible side effects"). You should not drive, ride a bicycle or use any tools or machines if you are affected by these symptoms.

Varoxa contains lactose and sodium

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

c. How to take Varoxa

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

You must take Varoxa together with a meal.

Swallow the tablet(s) preferably with water.

If you have difficulty swallowing the tablet whole, talk to your doctor about other ways to take Varoxa. The tablet may be crushed and mixed with water or apple puree immediately before you take it. This mixture should be immediately followed by food.

If necessary, your doctor may also give you the crushed Varoxa through a stomach tube.

How much to take

- **Adults**
 - To prevent blood clots in brain (stroke) and other blood vessels in your body
 - The recommended dose is one tablet Varoxa 20 mg once a day.

- If you have kidney problems, the dose may be reduced to one tablet Varoxa 15 mg once a day. If you need a procedure to treat blocked blood vessels in your heart (called a percutaneous coronary intervention - PCI with an insertion of a stent), there is limited evidence to reduce the dose to one tablet Varoxa 15 mg once a day (or to one tablet Varoxa 10 mg once a day in case your kidneys are not working properly) in addition to an antiplatelet medicine such as clopidogrel.
- To treat blood clots in the veins of your legs and blood clots in the blood vessels of your lungs, and for preventing blood clots from re-occurring The recommended dose is one tablet Varoxa 15 mg twice a day for the first 3 weeks. For treatment after 3 weeks, the recommended dose is one tablet Varoxa 20 mg once a day. After at least 6 months blood clot treatment your doctor may decide to continue treatment with either one 10 mg tablet once a day or one 20 mg tablet once a day. If you have kidney problems and take one tablet Varoxa 20 mg once a day, your doctor may decide to reduce the dose for the treatment after 3 weeks to one tablet Varoxa 15 mg once a day if the risk for bleeding is greater than the risk for having another blood clot.
- **Children and adolescents**

The dose of Varoxa depends on the body weight, and will be calculated by the doctor.

- The recommended dose for children and adolescents with a **body weight between 30 kg and less than 50 kg** is one **Varoxa 15 mg tablet** once a day.
- The recommended dose for children and adolescents with a **body weight of 50 kg or more** is one **Varoxa 20 mg tablet** once a day.

Take each Varoxa dose with a drink (e.g. water or juice) during a meal. Take the tablets every day at approximately the same time. Consider setting an alarm to remind you.

For parents or caregivers: please observe the child to ensure the full dose is taken.

As the Varoxa dose is based on body weight it is important to keep scheduled doctor's visits because the dose may need to be adjusted as the weight changes.

Never adjust the dose of Varoxa by yourself. The doctor will adjust the dose if necessary.

Do not split the tablet in an attempt to provide a fraction of a tablet dose. If a lower dose is required please use the alternative presentation of Varoxa granules for oral suspension.

For children and adolescents who are unable to swallow tablets whole, please use Varoxa granules for oral suspension.

If the oral suspension is not available, you may crush the Varoxa tablet and mix with water or apple puree immediately before taking. Take some food after taking this mixture. If necessary, your doctor may also give the crushed Varoxa tablet through a stomach tube.

If you spit up the dose or vomit

- less than 30 minutes after you have taken Varoxa, take a new dose.

- more than 30 minutes after you have taken Varoxa, **do not** take a new dose. In this case, take the next Varoxa dose at the usual time.

Contact the doctor if you repeatedly spit up the dose or vomit after taking Varoxa.

When to take Varoxa

Take the tablet(s) every day until your doctor tells you to stop.

Try to take the tablet(s) at the same time every day to help you to remember it.

Your doctor will decide how long you must continue treatment.

To prevent blood clots in the brain (stroke) and other blood vessels in your body:

If your heart beat needs to be restored to normal by a procedure called cardioversion, take Varoxa at the times your doctor tells you.

If you forget to take Varoxa

- Adults, children and adolescents:

If you are taking one 20 mg tablet or one 15 mg tablet **once** a day and have missed a dose, take it as soon as you remember. Do not take more than one tablet in a single day to make up for a forgotten dose. Take the next tablet on the following day and then carry on taking one tablet once a day.

- Adults:

If you are taking one 15 mg tablet **twice** a day and have missed a dose, take it as soon as you remember. Do not take more than two 15 mg tablets in a single day. If you forget to take a dose you can take two 15 mg tablets at the same time to get a total of two tablets (30 mg) on one day. On the following day you should carry on taking one 15 mg tablet twice a day.

If you take more Varoxa than you should

Contact your doctor immediately if you have taken too many Varoxa tablets. Taking too much Varoxa increases the risk of bleeding.

If you stop taking Varoxa

Do not stop taking Varoxa without talking to your doctor first, because Varoxa and prevents serious conditions.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

d. Possible side effects

Like all medicines, Varoxa can cause side effects, although not everybody gets them.

Like other similar medicines to reduce the formation of blood clots, Varoxa may cause bleeding which may potentially be life threatening. Excessive bleeding may lead to a sudden drop in blood pressure (shock). In some cases the bleeding may not be obvious.

Tell your doctor immediately if you or the child experience any of the following side effects:

- **Signs of bleeding**

- bleeding into the brain or inside the skull (symptoms can include headache, one-sided weakness, vomiting, seizures, decreased level of consciousness, and neck stiffness. A serious medical emergency. Seek medical attention immediately!)
- long or excessive bleeding
- exceptional weakness, tiredness, paleness, dizziness, headache, unexplained swelling, breathlessness, chest pain or angina pectoris

Your doctor may decide to keep you under closer observation or change the treatment.

- **Signs of severe skin reactions**

- spreading intense skin rash, blisters or mucosal lesions, e.g. in the mouth or eyes (Stevens-Johnson syndrome/toxic epidermal necrolysis).
- a drug reaction that causes rash, fever, inflammation of internal organs, blood abnormalities and systemic illness (DRESS syndrome).

The frequency of these side effects is very rare (up to 1 in 10,000 people).

- **Signs of severe allergic reactions**

- swelling of the face, lips, mouth, tongue or throat; difficulty swallowing; hives and breathing difficulties; sudden drop in blood pressure.

The frequencies of severe allergic reactions are very rare (anaphylactic reactions, including anaphylactic shock; may affect up to 1 in 10,000 people) and uncommon (angioedema and allergic oedema; may affect up to 1 in 100 people).

Overall list of possible side effects found in adults, children and adolescents

Common (may affect up to 1 in 10 people)

- reduction in red blood cells which can make the skin pale and cause weakness or breathlessness
- bleeding in the stomach or bowel, urogenital bleeding (including blood in the urine and heavy menstrual bleeding), nose bleed, bleeding in the gum
- bleeding into the eye (including bleeding from the whites of the eyes)
- bleeding into tissue or a cavity of the body (haematoma, bruising)
- coughing up blood
- bleeding from the skin or under the skin
- bleeding following an operation
- oozing of blood or fluid from surgical wound
- swelling in the limbs
- pain in the limbs
- impaired function of the kidneys (may be seen in tests performed by your doctor)
- fever
- stomach ache, indigestion, feeling or being sick, constipation, diarrhoea

- low blood pressure (symptoms may be feeling dizzy or fainting when standing up)
- decreased general strength and energy (weakness, tiredness), headache, dizziness
- rash, itchy skin
- blood tests may show an increase in some liver enzymes

Uncommon (may affect up to 1 in 100 people)

- bleeding into the brain or inside the skull (see above, signs of bleeding)
- bleeding into a joint causing pain and swelling
- thrombocytopenia (low number of platelets, which are cells that help blood to clot)
- allergic reactions, including allergic skin reactions
- impaired function of the liver (may be seen in tests performed by your doctor)
- blood tests may show an increase in bilirubin, some pancreatic or liver enzymes or in the number of platelets
- fainting
- feeling unwell
- faster heartbeat
- dry mouth
- hives

Rare (may affect up to 1 in 1,000 people)

- bleeding into a muscle
- cholestasis (decreased bile flow), hepatitis incl. hepatocellular injury (inflamed liver incl. liver injury)
- yellowing of the skin and eye (jaundice)
- localised swelling
- collection of blood (haematoma) in the groin as a complication of the cardiac procedure where a catheter is inserted in your leg artery (pseudoaneurysm)

Not known (frequency cannot be estimated from the available data)

- kidney failure after a severe bleeding
- increased pressure within muscles of the legs or arms after a bleeding, which leads to pain, swelling, altered sensation, numbness or paralysis (compartment syndrome after a bleeding)

Side effects in children and adolescents

In general, the side effects observed in children and adolescents treated with Varoxa were similar in type to those observed in adults and were primarily mild to moderate in severity.

Side effects that were observed more often in children and adolescents:

Very common (may affect more than 1 in 10 people)

- headache
- fever

- nose bleeding
- vomiting

Common (may affect up to 1 in 10 people)

- raised heartbeat
- blood tests may show an increase in bilirubin (bile pigment)
- thrombocytopenia (low number of platelets which are cells that help blood to clot)
- heavy menstrual bleeding

Uncommon (may affect up to 1 in 100 people)

- blood tests may show an increase in a subcategory of bilirubin (direct bilirubin, bile pigment)

e. How to store Varoxa

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton and on each blister or bottle after EXP.

The expiry date refers to the last day of that month.

This medicine does not require any special storage conditions.

Crushed tablets

Crushed tablets are stable in water or apple puree for up to 4 hours.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

f. Further information

What Varoxa contains

Active ingredient is Rivaroxaban. . Each tablet contains 20 mg of rivaroxaban

The other ingredients are: Microcrystalline Cellulose; Lactose Monohydrate; Croscarmellose Sodium ; Hypromellose 5 cps; Povidone BP (K-30); Sodium Lauryl Sulphate; Magnesium Stearate; Opadry Brown 03F565105 (Hypromellose, Titanium dioxide, Macrogol, Iron Oxide red

What Varoxa looks like and contents of the pack

Brown Red colored, round, biconvex, film coated tablets with engraving 20 on one face and other face plain.

Blister pack of 10 Tablets, Such 3 blisters are packed in printed outer carton with package insert.

Name and full physical address of Marketing Authorization Holder and Manufacturing site

Marketing Authorization Holder

MICRO LABS LIMITED

31, Race Course Road

Bangalore-560001

INDIA

Manufacturer

MICRO LABS LIMITED

Plot No. S-155 to 5-159,

Phase III, Verna Industrial Estate

Verna Goa. INDIA

**For any information about this medicinal product, please contact the <local representative of the>
supplier:**

Country: Rwanda

M/s.Wessex

Pharmaceuticals (Rwanda) Ltd

C/o.Phillips Pharmaceuticals (Rwanda) Ltd

Shop No: Gf68, Kigali Modern City Market Commercial Street

Kigali, Rwanda

This leaflet was last approved in

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