

Please read this leaflet carefully before you start to use ABNAL
Nasal Drops B.P.(Sodium Chloride)



ABNAL
Nasal Drops

Composition	
Sodium Chloride B.P.	0.9%w/v
Benzalkonium Chloride B.P. as a preservative	0.01%w/v
Aqueous vehicle	q.s

Pharmacological properties

ABNAL contains isotonic solution of Sodium Chloride and is used for the nasal congestion. It helps add moisture inside the nose to dissolve and soften thick or crusty mucus especially in babies and young children with stuffy noses who cannot blow their noses. Saline drops of the nose, is a popular treatment for sinonasal conditions, it helps to alleviate flu like symptoms by clearing excess mucus, reducing congestion and improving breathing. It is thought to improve mucociliary clearance by increasing the ciliary beat frequency thereby reducing symptoms of upper respiratory tract infections. By irrigation, saline drops may remove infectious material from the nose that would otherwise develop into severe infections and it helps to make it easier to remove mucus with nasal bulb syringe.

Indications

ABNAL is used for nasal congestion.

Dosage

Instill two to four drops in the nose whenever required or as directed by the doctor.

Contraindications:

ABNAL is contraindicated in those patients who have shown hypersensitivity to Sodium Chloride or to any of the other ingredients used.

Precautions:

Before using this product, tell your doctor or pharmacist if you are allergic to it; or if you have any other allergies. This product may contain inactive ingredients, which can cause allergic reactions or other problems. Talk to your pharmacist for more details.

This product is safe to use during pregnancy.

This product is safe to use if you are breast-feeding.

Drug interactions

Your doctor or pharmacist may already be aware of any possible drug interactions and may be monitoring you for them. Do not start, stop, or change the dosage of any medicine before checking with them first. Before using this medication, tell your doctor or pharmacist of all prescription and nonprescription/herbal products you may use. Keep a list of all your medications with you, and share the list with your doctor and pharmacist.

Side effects

Side effects usually do not occur with use of this product. However, if the inside of your nose is very dry and irritated, stinging may occur. If this effect persists or worsens, tell your doctor or pharmacist promptly.

If your doctor has directed you to use this medication, remember that he or she has judged that the benefit to you is greater than the risk of side effects. Many people using this medication do not have serious side effects.

Presentation

Clear, colorless solution in sterile plastic dropper bottles of 10ml enclosed in protective carton with leaflet.

Shelf life

The manufacturing and expiry dates are indicated on the packaging.

Storage

Store below 30°C but do not freeze, protect from light. Discard after the expiration date or one month after opening the bottle.

KEEP THE DROP OUT OF CHILDREN'S REACH

Direction for use

Tighten the cap on the nozzle.
The spike in the cap will pierce the tip of the vial.
Dispense drops with gentle pressure.
Replace the cap after every use.



Warning

1. If irritation persists or increases, discontinue the use and consult a physician.
2. Do not touch the vial tip or other dispensing tip to any surface since this may contaminate the solution.
3. Use the solution within four weeks after opening the vial.

wash your hands well before use.

1. Remove the outer cap.
2. Lie down or tilt the head, you may find it easier to rest your head over the back or the side of the bed.
3. Hold the container between the thumb and middle finger of the other hand.
4. Turn the container upside down near to the nostrils, and try not to touch the nostrils.
5. Apply enough pressure to the container to release two to three drops.
6. Keep your head tilted back for a short while to allow the drops run down into your nostrils.
7. Replace the outer cap on the container, try not to touch the applicator tip with the fingers as you do so.
8. Wash your hands.



For further information, please consult your pharmacist or doctor.

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