# CTD MODULE 1 ADMINISTRATIVE INFORMATION AND PRODUCT INFORMATION

**Product Name: RECIM-200 TABLETS** (Cimetidine 200mg)

### Pack insert

# **RECIM - 200**

(Cimetidine Tablets BP)

#### COMPOSITION:

Each tablet contains Cimetidine BP 200mg

### INDICATIONS

Treatment and maintenance therapy of active duodenal ulcer.

Treatment of benign gastric ulcers.

Treatment of reflux oesophagitis.

Treatment of pathological hyper secretory conditions (Zollinger - Ellison Sydrome)

### DOSAGE & ADMINISTRATION

Cimetidine should be administered preferably with meals or at bed time. Doses should be adjusted to individual patient needs & should continue as long as clinically indicated. Active duodenal ulcer - 200mg thrice daily for 4-6 weeks; Maintenance therapy for duodenal ulcer-400mg once or twice daily for 6 months; active benign gastric ulcer -300mg four times a day; Reflux oesophagits -400mg t.id for 4/8 weeks. Pathological hyper secretory conditions (such as Zollinger-Ellison Syndrome)-300mg four times a day or as directed by the physician.

### CLINICAL PHARMACOLOGY

Cimetidine competitively inhibits the action of histamine at the H2 receptor antagonist.

## ANTISECRETAROY ACTIVITY

- 1. Acid secretion: Nocturnal-cimetidine 800mg at bed time reduces mean hourlyH+ activity by greater than 85% over eight hour period in duodenal ulcer patients with no effect on day time acid secretion.
- 2. Pepsin: Oral cimetidine 300mg reduced total pepsin output as result of decrease in volume of gastric juice.
- 3. Intrinsic Factor: Intrinsic factor secretion was studied with betazole as a stimulant. Oral Cimetidine 300mg inhibited the rise in intrinsic factor concentration produced by betazole, but some intrinsic factor was secreted at all times.

### PHARMACOKINETICS

Cimetidine is rapidly absorbed after oral administration and peak levels occur in 45-90 minutes. The half-life is approximately 2 hours. The principal route of excretion is through urine. Following single dose, 48% of the drug is recovered from the urine after 24 hours as the parent compound.

#### STORAGE

Store in cool dry & dark place. Keep medicine out of reach of children.

PRESENTATION

Blister pack of 10 x 10 Tablets

## MANUFACTURED BY:



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