

# ABDOL-500

## Paracetamol Tablets BP 500mg

Please read all of this leaflet carefully before you start using this medicine.

This medicine is available without prescription, but you still need to use Abdol Tablets carefully to get the best results from them.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, health care provider or pharmacist.

In this leaflet:

1. What Abdol Tablet is and what it is used for
2. Before you take Abdol Tablets
3. How to take Abdol Tablets
4. Possible side effects
5. How to store Abdol Tablets
6. Further information

### 1. WHAT ABDOL TABLETS IS AND WHAT IT IS USED FOR

Each tablet contains: 500 mg of Paracetamol

**Abdol Tablets are used for the relief of headache, tension headache, migraine, backache, rheumatic and muscle pain, toothache and period pain.**

They also relieve sore throat and the fever, aches and pains of colds and flu and are recommended for the relief of pain due to mild arthritis.

The active ingredient is paracetamol which is a painkiller and also reduces your temperature when you have a fever.

### 2. BEFORE YOU TAKE ABDOL TABLETS

**Do not take Abdol Tablets:**

- if you have ever had an allergic reaction to paracetamol or to any of the other ingredients (listed in Section 6)
- if you are taking other medicines containing paracetamol.

**Take special care and ask your doctor before taking this medicine:**

- if you have liver or kidney disease, including alcoholic liver disease
- if you suffer from mild arthritis and need to take painkillers every day.

#### Taking other medicines

Talk to your doctor or pharmacist before taking these tablets if you are taking any prescribed medicines; particularly **metoclopramide** or **domperidone** (for **nausea** [feeling sick] or **vomiting** [being sick]) or **colestyramine** (to lower **blood cholesterol**). If you take **blood thinning drugs** (**anticoagulants e.g. warfarin**) and you need to take a pain reliever on a daily basis, **talk to your doctor** because of the risk of bleeding.

But you can still take **occasional** doses of Abdol Tablets at the same time as anticoagulants.

#### Pregnancy and breast feeding

**Talk to your doctor** before taking Abdol Tablets if you are **pregnant**. You can take this product whilst breast feeding.

### 3. HOW TO TAKE ABDOL TABLETS

Adults and children aged 12 years and over:

**Swallow 2 tablets every 4 hours as needed.**

**Do not take more than 8 tablets in 24 hours.**

Children aged 6 to 12 years:

**Give ½ to 1 tablet every 4 hours as needed.**

**Do not give more than 4 tablets in 24 hours.**

**Do not give for more than 3 days at a time unless your doctor tells you to.**

• **Do not take more frequently than every 4 hours.**

• **Do not take more than the recommended dose.**

• **Do not give to children under 6 years.**

**If you take more tablets than you should**

Talk to a doctor at once if you take too much of this medicine even if you feel well.

This is because too much paracetamol can cause delayed, serious liver damage.

If your symptoms continue or your headache becomes persistent, see your doctor.

### 4. POSSIBLE SIDE EFFECTS

Like all medicines, Abdol Tablets can have side effects but not everybody gets them. A small number of people have had side effects.

**Stop taking the medicine and tell your doctor immediately** if you experience:

- **Allergic reactions** which may be severe such as skin rash and itching sometimes with swelling of the mouth or face or shortness of breath
- **Skin rash or peeling, or mouth ulcers**
- Breathing problems. These are more likely if you have experienced them before when taking other painkillers such as ibuprofen and aspirin
- **Unexplained bruising or bleeding**
- **Nausea, sudden weight loss, loss of appetite and yellowing of the eyes and skin.**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet.

### 5. HOW TO STORE ABDOL TABLETS

**Keep out of the reach and sight of children**

Do not store above 30°C, Store in the original container.

Do not use this medicine after the 'EXP' date shown on the pack.

### 6. FURTHER INFORMATION

**What Abdol Tablets contains**

**Active ingredient:** Each tablet contains Paracetamol 500 mg.

**Other ingredients:** Starch, Microcrystalline Cellulose, Silicon Dioxide, Carboxymethyl starch sodium, Magnesium Stearate.

**What Abdol Tablets looks like and contents of the pack**

Abdol Tablets are white circle tablets, one side is plan and the other side with middle mark line, printed P and 500 at each side for of the middle mark line.

Each 10 tablets are packed in a blister and 10 blisters in a cardboard box.

**Marketing Authorisation Holder:**



Manufactured for:  
**ABACUS** Abacus Pharma(A) Limited  
EAST AFRICA

**Manufacturing Site:**

Name: Jiangsu Pengyao Pharmaceutical Co., Ltd.

Address: No.10 Chaquan Road, Yixing City, Jiangsu Province, China

**This leaflet was last approved in { 06/2022 }**

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