

PATIENT INFORMATION LEAFLET
CORILIEF® SINUS PAIN AND ALLERGY RELIEF

Chlorpheniramine Maleate 2mg, Pseudoephedrine Hydrochloride 30mg and Paracetamol 500mg per tablet.

Read all of this leaflet carefully before taking this medication

- Keep this leaflet as you may need to read it again
- If you still have questions after reading this leaflet, ask your doctor, health care provider or pharmacist.
- This medicine has been indicated for you. Do not pass it on others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor, health care provider or pharmacist.

In this leaflet you will find information on:

- a. What is Corilief® sinus pain and allergy relief tablet and what is it used for?
- b. Before you take Corilief® sinus pain and allergy relief tablet
- c. How to take Corilief® sinus pain and allergy relief tablet
- d. Possible side effects
- e. How to store Corilief® sinus pain and allergy relief tablet
- f. Further information

a. What is Corilief® sinus pain and allergy relief tablet and what is it used for?

Corilief Sinus Pain and Allergy Relief tablets help with nasal congestion, pain and fever caused by conditions like the common cold, sinusitis and allergies. It's designed to provide temporary relief for these symptoms.

b. Before you take Corilief® sinus pain and allergy relief tablets

Do not take Corilief® sinus pain and allergy relief tablets

- If you are allergic to Chlorpheniramine Maleate, Pseudoephedrine Hydrochloride or Paracetamol or any of the other ingredients of **Corilief® sinus pain and allergy relief tablets (see What Corilief® sinus pain and allergy relief tablets contains).**
- If you under 12 years of age.

Take special care with Corilief® sinus pain and allergy relief tablets.

- If you have moderate to severe liver disease.
- If you have angina, hypertension, hyperthyroidism, pheochromocytoma, closed angle glaucoma and diabetes mellitus. Pseudoephedrine should not be used in patients with high or uncontrolled hypertension or with severe acute or chronic kidney disease/failure.

Taking other medicines

Please tell your doctor, health care provider or pharmacist if you are taking or have recently taken any other medicines obtained without a prescription. **Corilief Sinus Pain and Allergy Relief** should not be used with certain depression medications, decongestants, or other drugs that can affect your mood because it might cause high blood pressure. The medicine contains **pseudoephedrine**, which can lessen the effect of some blood pressure medications. If you've used certain sleep medications, depression medications, or if you drink alcohol, your body might process paracetamol (a pain reliever) more slowly,

which can be harmful to your liver. Regularly drinking alcohol or taking certain seizure medications or birth control pills can change how well paracetamol works. Paracetamol can be absorbed faster with drugs like metoclopramide or domperidone, but slower with colestyramine. Using paracetamol regularly with blood thinners like warfarin might increase the risk of bleeding. Pseudoephedrine containing medicines should not be used in patient with severe or uncontrolled high blood pressure or with severe acute or chronic kidney disease/failure.

Taking Corilief® sinus pain and allergy relief tablets with food and drink

There are no published contraindications with any food substances.

Pregnancy and breast-feeding

Ask your doctor, health care provider or pharmacist for advice before taking any medicine. Pseudoephedrine has been used for many years without clear evidence of harm during pregnancy, but there's no specific data on its safety. It's best to weigh the potential benefits to the mother against any risks to the developing baby. Animal studies with pseudoephedrine at high doses didn't show birth defects, but it's uncertain how this applies to humans. A small amount of pseudoephedrine passes into breast milk, but the impact on infants isn't known. Less than 1% of a dose taken by a mother is excreted in breast milk over a day. There's no research on pseudoephedrine's effect on fertility, and the same goes for **Corilief® Sinus Pain and Allergy Relief**. Paracetamol is considered safe during pregnancy when used as recommended, and while it's also found in breast milk, the amount isn't significant enough to advise against breastfeeding.

Driving and using machines

None Known.

c. How to take Corilief® sinus pain and allergy relief tablet:

Adults and children aged 12 years and over: Take two tablets every four to six hours, up to four times a day orally.

If you take more Corilief® sinus pain and allergy relief tablet than you should

Taking too much pseudoephedrine can cause symptoms like feeling irritable, shaky, having a fast heartbeat, high blood pressure, and trouble urinating. If this happens, doctors need to help with breathing and control any shaking or seizures. They might wash out the stomach or use a catheter if needed. There are treatments to remove pseudoephedrine faster from the body if necessary.

For paracetamol, taking more than 10 grams can damage the liver, and even 5 grams can be risky for people already at risk because of other medications they take, heavy alcohol use, or certain health conditions. Signs of too much paracetamol include looking pale, feeling sick, throwing up, not feeling hungry, and stomach pain. Liver problems can show up between 12 to 48 hours after taking too much. It can get very serious, leading to liver failure, bleeding, low blood sugar, brain swelling, coma, or even death. Kidney problems and heart issues can also happen.

If you take too much paracetamol, they need to go to the hospital right away, even if they don't feel sick yet. The treatment includes activated charcoal if it's within an hour of taking the overdose and a medicine called N-acetylcysteine, which works best if given within 8 hours.

Doctors will check the levels of paracetamol in the blood and provide the right treatment based on that.

If you take too much Chlorpheniramine symptoms such as sedation, unexpected excitement of the central nervous system (CNS), toxic psychosis, seizures, breathing stoppage, anticholinergic effects like dry mouth and blurred vision, involuntary muscle movements, and severe cardiovascular issues including collapse and arrhythmias may occur.

If you forget to take Corilief® sinus pain and allergy relief

If you accidentally miss a dose and notice within 6 hours, take the missed dose as soon as possible. Take the next regular dose as scheduled. If you notice later, then simply take your normal dose when the next one is due. Do not take a double dose to make up for forgotten individual doses.

If you stop taking Corilief® sinus pain and allergy relief

If you have any further questions on the use of this product, ask your doctor, health care provider or pharmacist.

d. Possible side effects

Pseudoephedrine: Rare serious side effects include central nervous system excitation, skin rashes, and urinary retention in men with prostatic enlargement. Posterior Reversible Encephalopathy Syndrome (PRES) and Reversible Cerebral Vasoconstriction Syndrome (RCVS) are rare adverse drug reactions from pseudoephedrine that can result in reduced blood supply to the brain, potentially leading to severe and life-threatening complications. However, with timely diagnosis and appropriate treatment, symptoms of PRES and RCVS typically resolve.

Chlorpheniramine: Causes sedation, dry mouth, headache, blurred vision, urinary retention

Paracetamol: Mild and infrequent side effects at recommended dosage. Overdose can lead to adverse reactions such as blood dyscrasias and liver damage. Nephrotoxic effects are uncommon.

e. How to store Corilief® sinus pain and allergy relief

Keep out of the reach of children.

Do not store above 30° C, in a dry environment away from light.

Do not use Corilief® sinus pain and allergy relief after the expiry date which is stated on the label. The expiry date refers to the last day of that month.

Do not use Corilief® sinus pain and allergy relief if you notice any visible signs of deterioration.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

f. Further information

What Corilief® sinus pain and allergy relief tablets contains

- Corilief Sinus Pain and Allergy Relief tablets contain Chlorpheniramine Maleate 2mg, Pseudoephedrine Hydrochloride 30mg and Paracetamol 500mg.

- The other ingredients are- Pregelatinised Maize Starch, Crospovidone, Povidone PVP K30, Croscarmellose Sodium, Sunset Yellow, Microcrystalline Cellulose, Stearic Acid and Magnesium Stearate

What Corilief® sinus pain and allergy relief tablet looks like and contents of the pack

A round, orange, mottled, biconvex tablet embossed “COR S” on one side and plain on the other side.

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