

PATIENT INFORMATION LEAFLET
VC_s FLUMED[®] SYRUP

Paracetamol 120mg, Phenylephrine HCl 2.5mg, Dextromethorphan 2mg and Chlorpheniramine 0.5mg per 5ml syrup

Read all of this leaflet carefully before taking this medication

- Keep this leaflet as you may need to read it again
- If you still have questions after reading this leaflet, ask your doctor, health care provider or pharmacist.
- This medicine has been indicated for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor, health care provider or pharmacist.

In this leaflet you will find information on:

- a. **What is VC_s Flumed[®] syrup and what is it used for?**
- b. **Before you take VC_s Flumed[®] syrup**
- c. **How to take VC_s Flumed[®] syrup**
- d. **Possible side effects**
- e. **How to store VC_s Flumed[®] syrup**
- f. **Further information**

a. **What is VC_s Flumed[®] syrup and what is it used for?**

VC_s Flumed[®] syrup is used in the treatment of cold and influenza. VC_s Flumed[®] Syrup will help to clear blocked nose, stop coughing, runny nose and itchy eyes. It will relieve headache and body pains, as well as lowering body temperature. The combined effect of VC_s Flumed[®] Syrup will help your child to breathe normally and feel better, allowing restful sleep and recuperation. VC_s Flumed[®] Syrup may also be used to relieve sinus congestion in allergic conditions.

b. **Before you take VC_s Flumed[®] syrup**

Do not take VC_s Flumed[®] syrup

If you are hypersensitive (allergic) to Paracetamol, Phenylephrine HCl, Dextromethorphan and Chlorpheniramine or any of the ingredients. (See **What VC_s Flumed[®] syrup contains**).

Take special care with VC_s Flumed[®] syrup:

The use of this medicine leads to drowsiness which is worsened by the simultaneous intake of alcohol. Do not use continuously for more than ten days without consulting your doctor.

Taking other medicines

Please tell your doctor, health care provider or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. These may affect the action of VC_s Flumed[®] syrup.

Taking VC_s Flumed[®] syrup with food and drink

Take VC_s Flumed[®] syrup after food.

Pregnancy and breast-feeding

This product should not be used during pregnancy or breastfeeding without medical advice due to insufficient information on its safety and potential effects.

Driving and using machines

VC_s Flumed[®] syrup may cause drowsiness, dizziness, blurred vision which can affect a patient's ability to drive and use machinery.

c. **How to take VC_s Flumed[®] syrup**

Given preferably after food.

Over 3 years: 10 ml (two teaspoonfuls).

2 years – 3 years: 5 ml (one teaspoonful).

Children below 2 years: Please consult your doctor.

The dose may be repeated every 4 to 6 hours as necessary.

Do not exceed four doses in 24 hours unless directed by your doctor.

If you take more VC_s Flumed[®] syrup than you should

Taking 10g or more of paracetamol can cause liver damage in adults. Ingesting 4g or more may also lead to liver damage if certain risk factors are present, such as long-term use of specific medications, excessive alcohol consumption, or conditions that deplete glutathione levels. Symptoms of a paracetamol overdose include pallor, nausea, vomiting, abdominal pain, and potential liver damage within 12 to 48 hours. Immediate medical attention is crucial for managing an overdose. Treatment options include activated charcoal if taken within an hour of ingestion and N-acetylcysteine up to 24 hours after ingestion for maximum protective effect.

Phenylephrine Overdose:

Can cause hypertension and bradycardia. In severe cases, confusion, hallucinations, seizures and arrhythmias may occur.

Pseudoephedrine Overdose:

Can cause nervousness, shaking, seizures, heart issues, high blood pressure, and trouble urinating.

Chlorpheniramine Overdose:

Can cause sedation, psychosis, convulsions, apnoea, anticholinergic effects, dystonic effects and arrhythmias.

d. **Possible side effects**

Adverse reactions are rare. They may include skin rash, dizziness and gastric disturbances such as nausea and diarrhoea. As with all medicines, consult your physician, health care provider or pharmacist if any side effects are noted. Prolonged use is not recommended unless under the supervision of a physician.

e. **How to store VC_s Flumed[®] syrup**

Keep out of the reach of children.

Do not store above 30° C, in a dry environment away from light.

Do not use VC_s Flumed[®] syrup after the expiry date which is stated on the label. Do not use VC_s Flumed[®] syrup if you notice any visible signs of deterioration.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

f. **Further information**

What VC_s Flumed[®] syrup contains

- The active ingredients are 120 mg Paracetamol 120mg, Phenylephrine HCl 2.5mg, Dextromethorphan 2mg and Chlorpheniramine 0.5mg

- The other ingredients are Ethanol 96% BP, Propylene glycol, Sucrose, Saccharin sodium, Methylparaben, Propylparaben, Liquid

Raspberry Flavour R101, Raspberry red H1227, Sodium hydroxide and Purified Water.

What is VC, Flumed® syrup looks like and contents of the pack

A pink syrup with a pleasant raspberry flavour..

Category for Distribution:

Zimbabwe: P
Botswana: S3
Mozambique: Medicamento Sujeito a Receita Medica
Namibia: NS1
Rwanda: POM

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**NAME AND FULL PHYSICAL ADDRESS OF
MARKETING AUTHORIZATION HOLDER AND
MANUFACTURING SITE:**

Varichem Pharmaceuticals (Pvt) Ltd
194 Gleneagles Road
Willowvale
Harare
Zimbabwe
Tel: +263 (04) 620181-7
Email: sales@varipharm.co.zw

For any information about this medicinal product, please contact
Activis Pharma supplier:

Company Name: **Activis Pharma**
Address: **P. O. Box 2927 Kigali**
KN 2 Ave, Rwezamenyo II - Nyarugenge
(Opposite St Andre college)
Country: **Rwanda**
Telephone: **+250 732 888 826**
E-Mail: activispharma@gmail.com

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