

# GYNOBALANCE

## Lactose Monohydrate Pessaries 1200 mg

### Composition: Each Pessary contains:

Lactose Monohydrate BP/Ph.Eur	1200 mg
Excipients	q.s

**GynoBalance** is a prebiotic which restores natural pH and maintains vaginal health.

**Intended use:** Reduces unpleasant vaginal odour and discharge associated with bacterial vaginosis (BV). Relieves vaginal dryness, itching, irritation and soreness.

**Instructions for use:** Insert the GynoBalance deep into the vagina using a clean finger.

### Treatment:

- Use 1 GynoBalance daily until symptoms improve (usually 1-2 weeks for low grade chronic or recurring problem, unpleasant odour and discharge).
- Antibiotic combination treatment: Use 1 GynoBalance daily after antibiotic treatment (for high grade bacterial vaginosis).
- Prevention maintaining natural pH and vaginal health: Use 1 GynoBalance on alternate days as required.

**Contents:** Lactose monohydrate, Hard Fat.

Do not use if you are allergic to milk - contains traces of milk proteins. GynoBalance can be used in cases of dietary lactose intolerance.

See your doctor if you have vaginal pain, bleeding or a yellow-green unpleasant smelling discharge – you could have Trichomoniasis.

Not recommended if you are also using vaginal products containing bacteria or yeasts (including milk based products) - this could reduce the effect of GynoBalance or cause adverse effects.

**GynoBalance** is intended for women in all ages (not children).

**GynoBalance** can be used during pregnancy and breast feeding but see your doctor if you think you have an infection during pregnancy. If symptoms persist, see your doctor.

**Storage:** Store below 25°C.

Keep out of the reach and sight of children.

**GynoBalance** is for vaginal use only. Not to be taken orally.

Possible side effects: Clear or gritty discharge (1 in 10 users); light incidents: yeast smell, urge to pass water, headache, itching, spotting (light bleeding) (1 in 100 to 1 in 10 users). These improve after stopping treatment.