

**Patient Information Leaflet**  
**Rezn tablets**  
**Zinc Sulfate Monohydrate BP equivalent to elemental Zinc 20mg**

Read all of this leaflet carefully before you start taking this medicine.

- Keep this leaflet. You may need to read it again.
- If you have further questions, ask your doctor or your pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

**In this leaflet**

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**a. What Rezn Tablets is and what it is used for**

Rezn Tablets contains zinc. In the body, a small quantity of zinc (a so-called 'trace element') is essential for many different processes e.g. the ability to fight off infection. Zinc also prevents the growth of bacteria that can cause diarrhoea.

Rezn Tablets is used for treating acute and persistent diarrhoea in infants and children aged up to 5 years.

This product is intended for use in children. Safety information on its use in adults is also provided.

**b. Before you take Rezn Tablets**

**Taking other medicines**

Keep a list of all the medicines the child takes, or has recently taken, including medicines obtained without a prescription, vitamins and herbal medicines. Show this list to your doctor, healthcare provider or pharmacist before you start to give a new medicine like Rezn Tablets

Tell your doctor, healthcare provider or pharmacist if the child is taking:

- certain medicines for treating bacterial infection including cefalexin, ceftibuten, quinolones (e.g. ciprofloxacin and norfloxacin) and tetracyclines (e.g. oxytetracycline and tetracycline)
- penicillamine, which is used to treat rheumatism and certain metabolic disorders such as Wilson's disease and cystinuria

It is important to take zinc at least 3 hours before or 3 hours after taking these medicines because zinc can reduce the effect of these medicines or the medicines can reduce the effect of zinc.

Rezn Tablets contains aspartame, a source of phenylalanine. Tell your doctor or healthcare provider if your child suffers from a metabolic disorder called phenylketonuria. The doctor or healthcare provider will decide if Rezn Tablets can be given.

### **Giving Rezn Tablets with food and drink**

Rezn Tablets should be given between meals.

### **Pregnancy and breast-feeding**

Take advice from the doctor or healthcare professional about taking Rezn Tablets if the woman is pregnant or might be pregnant.

Also, if a mother wants to breastfeed her baby, her doctor or healthcare provider should be asked for advice about taking Rezn Tablets

### **Driving and using machines**

Rezn Tablets does not have any effect on the ability to drive and use machines.

### **c. How to take Rezn Tablets**

Always give Rezn Tablets exactly as your doctor or healthcare provider has told you.

Ask your doctor, healthcare provider or pharmacist if you have any questions about this medicine.

#### **How much to give**

Children less than 6 months old: ½ tablet daily for 10 to 14 days

Children 6 months to 5 years old: 1 tablet daily for 10 to 14 days

#### **Giving Rezn Tablets**

- It is recommended you give the doses between meals.
- Fill a teaspoon (5 ml) with either breast milk or boiled and cooled water. Place the tablet (or half tablet) in the liquid. As soon as the tablet has dispersed completely get the child to swallow all the mixture.
- If the child vomits within 30 minutes of taking the dose, give another dose. If in doubt, talk to your doctor or healthcare provider.

#### **If the child has taken too many Rezn Tablets**

If the child has accidentally taken too many tablets, talk to your doctor or healthcare provider at once, or go to your nearest emergency unit. The child may require medical attention. Remember to take the medicine with you, and show it to the doctor or the staff of the emergency unit. If you have run out of tablets, take the empty packaging along with you.

#### **If you forget to give Rezn Tablets**

If you miss giving a dose, give the missed dose as soon as possible. However, do not give the missed dose if the next dose is due in less than 6 hours.

#### **If you stop giving Rezn Tablets**

Do not stop giving the medicine unless your doctor or healthcare provider tells you to. Follow the instructions for giving the medicine and complete the course.

**d. Possible side effects**

Like all medicines, Rezn Tablets can cause side effects, but not everybody gets them.

Very common side effects (which affect more than 1 person in every 10 who take this medicine):

- Vomiting
- Regurgitation (bringing up food that has been swallowed)

In most cases vomiting or regurgitation occurred within 10 minutes of the first dose and did not occur again.

Other side effects that may occur (but it is not known how frequently they occur):

- Stomach pain
- Indigestion or heartburn (dyspepsia)

If the child has side effects which become serious or if you notice any side effects not listed in this leaflet, tell your doctor, healthcare provider or pharmacist.

**e. How to store Rezn Tablets**

- Do not store above 30°C.
- Protect from light.
- Keep out of reach of children.
- Do not use Rezn Tablets after the expiry date stated on the blister and carton unit. The expiry date refers to the last day of that month.
- Medicines should not be disposed of in waste water or household waste. This helps protect the environment. Return any unused tablets to your pharmacist.

**f. Further information**

**What Rezn Tablets contains**

Each dispersible tablet contains Zinc Sulfate Monohydrate equivalent to zinc 20 mg.

The other ingredients are Microcrystalline cellulose 102, Aspartame granules, Sodium Starch Glycolate (Type A), Cross povidone, Colloidal silicon dioxide, Maize starch, Vanilla powder, Magnesium stearate.

**What Rezn Tablets looks like and contents of the pack**

White or Off white coloured round shaped tablet break line on one side and plain on another side Aluminium /white color PVDC blister strip of 10 tablets and 10 of such blister strips are packed in a unit box with pack insert.

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