

Appendix 5
PATIENT INFORMATION LEAFLET

**PHYSIODOSE - 0.9 % solution of sodium chloride, /
GILBERT - Physiological saline solution,
in unidose containers**

Leaflet (Notice)

EN

WHAT IS (X) ?

(X) is a sterile non-injectable physiological saline solution, preservative-free. Presented in single-dose vials, (X) is hygienic, easy and safe to use.

COMPOSITION

Sodium chloride (NaCl) 0.9 g,
Purified water q.s. 100 mL.

PRESENTATION

Box of X unidoses of X mL.

WHAT ARE THE INDICATIONS FOR (X)?

(X) is recommended for babies, children, and adults:

- ✓ For nasal hygiene: to irrigate or cleanse dry or stuffed up noses,
- ✓ For ocular hygiene: as an eyewash or bath to cleanse the eyes,
- ✓ For auricular rinsing,
- ✓ For cleansing wounds,
- ✓ For inhalation in aerosoltherapy.

HOW IS (X) USED?

Do not use the same single-dose for the different uses.

The single-dose container is disposable and for individual use.

Detach a vial and open it by twisting off the top.

• FOR NASAL AND OCULAR HYGIENE

(X) may be used daily as a nasal and eye wash 1 to 6 times a day, as needed.

- For Nasal Hygiene

To irrigate or cleanse dry or stuffed up noses.

Directions for Use:

Tilt the head back.

Delicately insert the tip into one nostril and gently squeeze the vial.

Repeat the operation in the other nostril.

Lift the head up to allow the mucous to run out and then wipe away the excess.

Do not blow your nose violently for 10 minutes after administering.

Precaution for Use:

For babies, squeeze drops with a minimum amount of pressure to avoid any risk of contamination of the middle ear.

- For Ocular Hygiene

As an eyewash or bath to cleanse the eyes.

Directions for Use:

Pour a few drops of solution into each eye, taking care not to touch the surface of the eye with the vial.

Wipe away excess liquid with a gauze.

Precaution for Use:

Wait 15 minutes before using any other eye treatment product.

• FOR EAR HYGIENE

By rinsing.

For perfect ear hygiene, use **(X)** to flush out solubilised earwax deposits and rinse the external auditory canal after using a surfactant auricular solution.

Directions for Use:

Rinse the external auditory canal with **(X)**.

Use 1 vial of the product for both ears.

Wipe away the surplus liquid with a gauze pad.

• FOR CLEANSING WOUNDS**Directions for Use:**

Rinse the wound, using the entire contents of one vial and taking care not to touch the wound with the vial.

Precaution for Use:

Wipe away the excess liquid from the unaffected area only.

• FOR INHALATION IN AEROSOLTHERAPY**Directions for Use:**

If the product is used as a solvent, follow the instructions included with the product for inhalation.
If the product is used alone, follow the instructions included with the inhalation equipment.

Precautions for Use:

Ask your doctor for advice in case of first use or in case of respiratory hypersensitivity, of serious respiratory or cardiovascular pathologies.

HOW SHOULD (X) BE STORED?

Do not use a single-dose vial that is open or damaged due to the risk of rapid bacterial contamination.

Do not use after the expiry date stated on the single-dose vial.

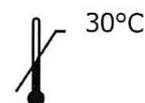
KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.

Store below 30°C.



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Logo limite de température :



[+] non-injectable



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Year 1999.

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