

PACKAGE INFORMATION LEAFLET

Chewcee (Vitamin-C) Tablets

Ascorbic acid Tablets 100 mg

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, please ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

- a. What Chewcee Tablets is and what it is used for
- b. What you need to know before you take Chewcee Tablets
- c. How to take Chewcee Tablets
- d. Possible side effects
- e. How to store Chewcee Tablets
- f. Further information

a. What Chewcee Tablets is and what it is used for

The Chewcee tablets contain a medicine called Ascorbic acid (Vitamin C). Ascorbic acid is a man-made vitamin C. It is used to treat scurvy (a disease caused by a lack of vitamin C).

b. What you need to know before you take Chewcee Tablets

Do not take Chewcee:

- have a high level of oxalic acid in your urine (hyperoxaluria)
- are allergic to any of the ingredients in the tablets (see section f).

Do not take Chewcee if any of the above apply. If you are not sure, talk to your doctor or pharmacist before taking Chewcee.

Warnings and precautions

Tests

- If you need to have any blood or urine tests, tell your doctor you are taking ascorbic acid tablets, as they might affect the results.
- Chewcee tablets contain sucrose and lactose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.
- Chewcee tablets contain colour sunset yellow. May cause allergic reactions.

Other medicines and Chewcee

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Especially:

- antacids containing aluminium (for indigestion)
- aspirin
- desferrioxamine (for excessive absorption and storage of iron and some blood abnormalities)

Pregnancy and Breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

c. How to take Chewcee Tablets

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Adults and children over the age of 12 years: 1 tablet daily.

Always take Chewcee exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

If you take more Chewcee Tablets than you should

If you (or someone else) swallow a lot of tablets at the same time, or you think a child may have swallowed any, contact your nearest hospital casualty department or tell your doctor immediately

If you forget to take Chewcee Tablets

If you have been taking Chewcee tablets for a long time, you may develop a deficiency if you stop taking them. Talk to your doctor before you stop taking the tablets and follow their advice.

d. Possible side effects

Like all medicines, Chewcee tablets can cause side effects although not everybody gets them. Tell your doctor if you notice any of the following side effects, they get worse or you notice any not listed:

- Allergic reaction: itchy skin rash, swelling of the face, lips, tongue or throat, or difficulty breathing or swallowing.
- Effects on the stomach: feeling or being sick, diarrhoea, stomach cramps.
- Other side effects: flushing or redness of the skin, headache, increased production of urine.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. By reporting side effects, you can help provide more information on the safety of this medicine.

e. How to store Chewcee Tablets

- Do not store above 30⁰C
- Protect from light
- Keep out of reach of children
- Do not use this medicine after the expiry date which is stated on the label. The expiry date refers to the last day of that month.
- Avoid contact with metal.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to dispose of medicines you no longer use. These measures will help protect the environment.

f. Further information

What Chewcee tablets contains

The active ingredient is Ascorbic acid. Each Chewable tablet contains Ascorbic acid 100 mg
The other ingredients are Sunset yellow lake, Maize starch, Povidone K30, Sucrose, Lactose, Di-sodium EDTA, Sodium saccharine, Orange flavour powder and Magnesium stearate and Isopropyl alcohol.

What Chewcee tablets looks like and the contents of the pack

A light orange coloured round shaped biconvex tablet one side embossed 'RENE' and plain on other side.

Chewcee tablets are packed in Aluminium/amber PVC blister strip of 10 tablets, 10 of such blister strips are packed in a unit box with pack insert.

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A milestone to Golden Health